

<b>SURNAME:</b> ..... <b>FIRST NAME:</b> .....		<b>RGOC</b>		Assessor: GRAEME ADDISON. Date: ..... Place: ..... <b>USE WITH BOOK OF RAFTING PRESENTATIONS &amp; NOTES</b>
PERSONAL KIT	<b>GUIDE EQUIPMENT:</b> (1) Guide PFD w cowtail, helmet, shoes; (2) 20m throwbag, 5m webbing, 3 prusik loops, 3 carabiners; (3) knife, whistle; (4) gloves, mouthpiece, medikit, cellphone; (5) Knowledge of personal equipment use	1. .... 2. .... 3. .... 4. .... 5. .... <b>500:.....</b>	Candidate must personally wear and present the kit, not necessarily all personally owned for technical assessment. For GASG assessment, candidate must have all own personal equipment. 100 MARKS PER ITEM	
PHYSICAL	1. Swimming well, 100m calm water 2. Swiftwater 50 metres swimming well 3. Swimming into eddies & across currents 4. Swimmer rescue; river diving 5. Catching throwbag, managing swimmer 6. Capsizing & righting a boat speedily 7. Hauling swimmers aboard 8. Strength / agility / presence of mind	1. .... 2. .... 3. .... 4. .... 5. .... 6. .... 7. .... 8. .... <b>800:.....</b>	Candidate must demonstrate abilities and will be asked about sports played, training and how to look after the unfit in river situations. 100 MARKS PER ITEM	
COMMUNICATION	1. Personal confidence & clarity when communicating 2. Understand & apply, river terminology 3. Where to get weather and water information 4. Answer questions about river conditions, history and locality	6. .... 7. .... 8. .... 9. .... <b>400:.....</b>	Candidate must demonstrate communication abilities and knowledge. Must answer questions about safety and river terms. 100 MARKS PER ITEM	
GROUP CONTROL	1. Explain principles of group control and guide roles 2. Do Safety Talk for croc, raft, tube 3. Demonstrate standard and improvised signals 4. Identify and explain major types of river hazards (Risk sites) & avoidance 5. Describe the river route, distance & challenges 6. Demonstrate group control on the water 7. Respond to a person going missing 8. Tell a good story to amuse, inspire or educate	1. .... 2. .... 3. .... 4. .... 5. .... 6. .... 7. .... 8. .... <b>800:.....</b>	Candidate must demonstrate an understanding of the need for group discipline and be capable of controlling a group. Must answer questions about safety and river terms. 100 MARKS PER ITEM	
WADING AND RESCUE ASSISTS	1. Wade using a pole 2. Wade without a pole to a fixed point in the river 3. Wade in 2's and 3's 4. Wade as a group with and without a pole 5. Fetch a person from a rock in the river	1. .... 2. .... 3. .... 4. .... 5. .... <b>500:.....</b>	Candidate must demonstrate confidence and the ability to place feet and hands in safe spots. Must answer questions about entrapment and safe margins for wading. 100 MARKS PER ITEM	
THROWBAGGING	1. Body positioning and rope holding 2. Hit a fixed point 3. Recoil quickly and throw again 4. Pendulum a swimmer into eddy 5. Together with a team member do a buddy belay 6. Set an anchor belay on rope and throw to swimmer 7. Set Munter hitch for same throw and demonstrate its use 8. Answer questions about rope safety and types of ropes for rivers 9. Describe purpose of upstream spotter	1. .... 2. .... 3. .... 4. .... 5. .... 6. .... 7. .... 8. .... 9. .... <b>900:.....</b>	Candidate must demonstrate facility with the rope and stand correctly, holding and managing the rope safely. Must answer questions about safety and river terms. 100 MARKS PER ITEM.	

<p><b>ROPEWORK &amp; KNOTS</b></p>	<ol style="list-style-type: none"> <li>1. Know the main knots used on river</li> <li>2. Demonstrate tying and untying</li> <li>3. Grapevine knot</li> <li>4. Figure of 8 (various forms of)</li> <li>5. Trucker's hitch</li> <li>6. Prusik knot (various forms of)</li> <li>7. Monkey's fist</li> <li>8. Use of carabiners (and risks)</li> <li>9. Vector haul</li> <li>10. Other easy, quick hauls</li> <li>11. Z-pulley setup, use and risks</li> <li>12. Zipline set-up, use and risks</li> <li>13. V-lower set-up, use and risks</li> <li>14. Tagline on a guide and on a boat</li> <li>15. Explain and show static and dynamic rope uses &amp; reasons</li> </ol>	<ol style="list-style-type: none"> <li>1. ....</li> <li>2. ....</li> <li>3. ....</li> <li>4. ....</li> <li>5. ....</li> <li>6. ....</li> <li>7. ....</li> <li>8. ....</li> <li>9. ....</li> <li>10. ....</li> <li>11. ....</li> <li>12. ....</li> <li>13. ....</li> <li>14. ....</li> <li>15. ....</li> </ol> <p><b>1500:.....</b></p>	<p>Candidate must demonstrate knot tying and rope handling abilities and knowledge. Must answer questions about ropes, when to use them, the dangers and difficulties, time elements and teamwork.</p> <p>100 MARKS PER ITEM.</p>
<p><b>BOATWORK</b> including river discipline and rescues</p>	<ol style="list-style-type: none"> <li>1. Explain differences and performance of various types of boats: Crocs, canoes, rafts, tubes</li> <li>2. Prepare a boat for the river</li> <li>3. Demonstrate strokes on a Croc</li> <li>4. Demonstrate raftmastering</li> <li>5. Carry out various boating manoeuvres as ordered: downriver run, eddy out, break in, ferry glide</li> <li>6. Reach an objective in the river, get out, secure the boat, get in</li> <li>7. Use boat as rescue platform in difficult water</li> <li>8. Use a cowtail to tow another craft</li> <li>9. Recover kit and regroup</li> <li>10. Tie a trip load on a boat</li> </ol>	<ol style="list-style-type: none"> <li>1. ....</li> <li>2. ....</li> <li>3. ....</li> <li>4. ....</li> <li>5. ....</li> <li>6. ....</li> <li>7. ....</li> <li>8. ....</li> <li>9. ....</li> <li>10. ....</li> </ol> <p><b>2000:.....</b></p>	<p>Candidate must demonstrate boating abilities &amp; speed. Must answer questions about boats and how to handle, transport and look after.</p> <p>200 MARKS PER ITEM</p>
<p><b>RESCUES</b></p>	<ol style="list-style-type: none"> <li>1. View a rapid and identify the hazards and the best lines for rafting</li> <li>2. Grade the rapid for danger and difficulty</li> <li>3. Organise the team for a set-up rescue</li> <li>4. Carry out set-up rescue as planned</li> <li>5. Carry out unplanned rescue</li> <li>6. Set up taglines and ziplines for holes and strainer rescues</li> <li>7. Carry out foot entrapment rescue</li> <li>8. Carry out dynamic rope manoeuvre with team</li> </ol>	<ol style="list-style-type: none"> <li>1. ....</li> <li>2. ....</li> <li>3. ....</li> <li>4. ....</li> <li>5. ....</li> <li>6. ....</li> <li>7. ....</li> <li>8. ....</li> </ol> <p><b>1600:.....</b></p>	<p>Working teams, candidates must demonstrate various types of rescue and explain their moves. An understanding of rescue risks is important. Improvisation of a rescue and response to the unexpected will be tested.</p> <p>200 MARKS PER ITEM</p>
<p><b>EMERGENCIES</b> but not first aid which is separate</p>	<ol style="list-style-type: none"> <li>1. Explain phases of survival chances</li> <li>2. A-C-T-I-O-N-! principles</li> <li>3. Demonstrate teamwork under incident commander</li> <li>4. Evacuate a patient</li> <li>5. Team to demonstrate how to deal with mass casualties</li> <li>6. Explain E-T-H-A-N-E-! principles for search and rescue</li> </ol>	<ol style="list-style-type: none"> <li>1. ....</li> <li>2. ....</li> <li>3. ....</li> <li>4. ....</li> <li>5. ....</li> <li>6. ....</li> </ol> <p><b>600:.....</b></p>	<p>Candidate is asked what he/she would do in a river rescue situation: timing factors, priorities, teamwork principles, getting help.</p> <p>100 MARKS PER ITEM.</p>
<p><b>REVIEWS</b></p>	<ol style="list-style-type: none"> <li>1. Contribution to team talks</li> <li>2. Personal evaluation of exercises and their value</li> <li>3. Understanding of SOPs</li> <li>4. Understanding of EOPs</li> </ol>	<ol style="list-style-type: none"> <li>1. ....</li> <li>2. ....</li> <li>3. ....</li> <li>4. ....</li> </ol> <p><b>400:.....</b></p>	<p>Candidate's overall perception of the job of guiding is being assessed here. Problem solving, ability to adapt and apply learning, knowledge of Operator and general safety and service standards. 100 MARKS PER ITEM.</p>
	<p><b>TOTAL</b></p>	<p><b>.....</b></p>	<p><b>OUT OF 10 000</b></p>

<b>SEPARATE</b>	<b>THEORY TEST</b> – 2hr written or oral	.....	<b>OUT OF 5000</b>
SUBTOTAL	FURTHER COMMENTS 1. Attitude and helpfulness 2. Aptitude & fitness for river activities 3. Performance of tasks during course 4. Understanding of guide responsibilities 5. Potential for group leadership	.....	ANY ADJUSTMENT: REASONS
	<b>FINAL TOTAL</b>	..... <i>COMPETENT must obtain 70% overall</i>  = .....%	
	<b>COMPETENT OR NOT YET COMPETENT</b>	<b>C / NYC</b>	INSTRUCTOR SIGNED
<b>OUTCOME</b>	<b>ACCEPTED / NOT ACCEPTED</b>		CANDIDATE SIGNED
			DATE:
	<b>WAS THE ASSESSMENT</b>	<b>YES / NO</b>	<b>COMMENT</b>
	COMPREHENSIVE (did it cover all necessary skills?)		
	FAIR (was there any bias?)		
	CLEAR (was it clear what was expected)		
	ORDERLY (was it carried out in a logical fashion?)		
	DID YOU LEARN from the assessment process?		
	WAS THE REVIEW WELL EXPLAINED AND WERE YOU GIVEN THE CHANCE TO RESPOND / REPEAT / IMPROVE AND REMEDY YOUR PERFORMANCE?		
	ANY FURTHER COMMENT?		
	<b>INSTRUCTOR SIGNED</b>		<b>CANDIDATE SIGNED</b>