



WILDERNESS FIRST AID LEVEL 3 & CASEVAC

ABOUT THE COURSE

Remote first aid – that is, rendering help far from ambulances and hospitals – is a distinct discipline unlike first aid in workplaces or the home. Self-reliant first aiders must act fast to stabilise and maintain accident victims until help arrives or the casualty is evacuated. This course, which has run repeatedly for more than a decade at Otters Haunt, the base of Adventure Standards Africa, has proven its worth in many situations in the wilderness, some of them life-threatening. We send the full course briefing on booking or on request.

Candidates may be male or female from any walk of life. The course is relevant to any hazardous environment. A complete Manual is provided.

Instructors are top professionals with extensive outdoor experience from adventure tours, endurance races, club events and expeditions, including rafting, biking, hiking paragliding and more.

A written and practical test is done at the end of the course (Thursday). The certificate is Department of Labour accredited.

You are required to remain for the final add-on evacuation drill. This is essential training in actual wilderness conditions to reinforce the realities covered by the course. A certificate of attendance is issued.



COURSE ARRANGEMENTS

COVID: Strict rules apply to both coursework and accommodation to minimise the risks of transmission. You are required to sign an undertaking to apply protocols responsibly and assume the risks of participation. Bring your own masks, gloves, disinfectants.

SELF-CATER: self-cater for the entire course. Bring own lunches and refreshments for the days. If camping, provide all own cooking and cleaning materials. There is a scullery. If booking accommodation, there are cookers cutlery and washup.

INDEMNITY

LIABILITY: The organisers, owners, helpers, agents and instructors accept no responsibility or liability for any inconvenience, loss, injury, illness, disability or death, howsoever arising. Join the course at own personal risk and sign the Informed Consent and Indemnity & Waiver. Candidates under 18 must have the form countersigned by a parent or guardian.

2022 DECEMBER 12-15, PARYS
Monday 08h30-Thursday 16h00
COURSE FEE: R3450pp
DISCOUNTS FOR 2 OR MORE *or*
Candidates for Guiding GASG



<http://otters.co.za>

ACCOMMODATION & FACILITIES

Two types of accommodation are available on our premises, or you can choose to stay elsewhere. It is advisable to stay the night before the course, and leave on the last afternoon of the course (ie 4 nights). You need good lighting to study at night for the test.

Covid requirements have unavoidably driven up costs.

ROOMS for individuals or those living together, to avoid Covid transmissions. R345pp per night.

CAMPsites (although in winter it can be very cold). R115pp per night.

COMMON ABLUTIONS must be used individually and disinfected by the user after use.

TENTS FOR HIRE: We have tents and groundmats. Provide own sleeping bag.

LEISURE TIME can include local walks and short hikes and canoeing on the Vaal.

INQUIRIES AND BOOKINGS

Phone or WhatsApp 0842452490
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